# REGIONAL INFORMATION POINT FOR SCIENTIFIC AND TECHNOLOGICAL COOPERATION WITH EU VORONEZH STATE UNIVERSITY RUSSIA

http://www.ric.vsu.ru



## Russian regional scientists project proposals for participation in FP7

THEME 1: Health

FP7-HEALTH-2010-single-stage

FP7-HEALTH-2010-two-stage

2.4. TRANSLATIONAL RESEARCH IN OTHER MAJOR DISEASES

3.5. SPECIFIC INTERNATIONAL COOPERATION ACTIONS FOR HEALTH SYSTEM RESEARCH

## Prof. Igor M. Voronin, DSc

Department of clinical discipline

Organization Name: G.R. Derzhavin Tambov State University

E-mail address: <u>ns@tsu.tmb.ru</u> Telephone: +7-4752-723440

Address: Internatcionalnaya st., 33, 392000, Tambov, Russian Federation

Is interested in participation in a project that will be prepared and submitted in the following topics: Studding of health fundamentals

Call identifier: FP7-HEALTH-2010-single-stage, FP7-HEALTH-2010-two-stage

#### **Expertise offered:**

- The goal of this project is to form an effective system of protection, control and correction of public health by increasing a number of applied works in the field of health fundamentals in the following directions:
- Study of human compensatory mechanisms where not only relatively healthy participants are assumed to participate, but also people who belong to a high risk group (smokers, overweight, night time workers) and who have various functional disorders (desynchronosis, various dysfunctions of cardio-respiratory systems and other consequences of wrong adaptation)
- Study of biorhythmic specifics of the human body, such as physiological mechanisms of sleep and factors, influencing its structure and quality
- Increase in a number of alternative (non-medical) treatments of various functions of the human body by using new scientifically proven methods of correction and rehabilitation.
- Complex researches allowing to consider various specific human type differences (somatic type, vegetative, constitution, psychophysiological constitution, chronotype and et. al.).

### Problems to be solved and results:

- Production of complex evaluation of public health in certain age, gender and social groups
- Creation of conditions to provide advice in health protection and human adaptation
- Development of guidance of diagnostic procedures of health functional condition

Broadening of the scope of scientifically proven correction methods of functional resources of the human body by using various non-medical treatments (music, scents, electric stimulation, intensive white colour, bio rhythm balance), considering individual biological specifics.